Basketball Rules
Nuggets/Avalanche Prep League

Game Time

Each game will consist of four 10-minute quarters. The clock will run continuously for the 10-minute quarters with only two exceptions:

Exception 1: If the difference in the scores of the two teams is 15 points or less, the clock will stop during the last two minutes of the fourth quarter for all fouls, free throws, violations, and throw-ins. The clock will not resume until a player in the field of play touches the ball.

Exception 2: The clock will stop for time outs.

There will be a two-minute break between the first and second quarters. There will be a two-minute break between the third and fourth quarters. There will be a five-minute break at half time.

Time Outs

Each team will have two one-minute time outs per half.

Fouls

Players will be considered fouled out on their fifth foul and will have to leave the playing field for the remainder of the game.

Scoring

If there is a dispute about the score of the game, the head official will consult with the second official and the scorer to determine the correct score. The head official’s decision will be final.

Back Court Defense Rule

Teams are allowed to establish defense in the back court only if the difference in scores is less than 15 points. If the difference is 15 points or greater, only the team with the least points is allowed to continue a full-court defense. If a team has a 15-point or greater lead, they must not present any defense in the back court. All defenders must retreat to the half-court line after possession of the ball has been established by the defensive team.

With the exception of the above rules, the Nuggets/Avalanche Prep League will abide by the rules set forth by the National Federation of State High School Associations.