

**Soccer Rules**  
Nuggets/Avalanche Prep League  
Updated 8-10-2005

**Game Time**

Each game will consist of two 30-minute halves with a running clock and a 10-minute half time.

In the event of a tie at the end of regulation play there will be two five-minute overtimes after a two-minute intermission. If the score is still tied after the overtime period the game will end in a tie unless both coaches agree to a five-player shoot out. If a team wins the shoot out then one point will be added to the score. If the shoot out is a tie, the game will end in a tie with no adjustment to the score.

**Field Dimensions**

The most desired dimensions for a soccer field are 100 yards long by 50 yards wide. Unfortunately, many of the fields will not meet these dimensions, while others will exceed them.

Home coaches will designate a team area that all players and coaches will remain in during the course of the game. Parents are not allowed into this area. Coaches may designate this area using cones or other marking method.

**Mercy Rule**

Once a 7 goal differential between two teams is achieved the team who is ahead will remove one player from the playing field. If the differential reaches 8 point a second player will be removed. Once a 9 goal differential is reached a third player will be removed. If a 10 goal differential is reached the game will be concluded.

If the team who is behind scores a goal to reduce the differential the coach may add players back to the field of play.

Anytime a team is starting a game with fewer than eleven (11) players it is recommended the opposing team start with a full team and reduce players as appropriate.

**Sportsmanship**

Officials will be required to submit "red card" information to the Manager of Athletics. Any player receiving a "red card" will not be allowed to play in the next contest that the player is eligible for.

It is the responsibility of the coaches to monitor the "friendship" line at the conclusion of the game and promote positive sportsmanship.

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With the exception of the above rules, the Nuggets/Avalanche Prep League will abide by the rules set forth by the National Federation of State High School Associations.

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